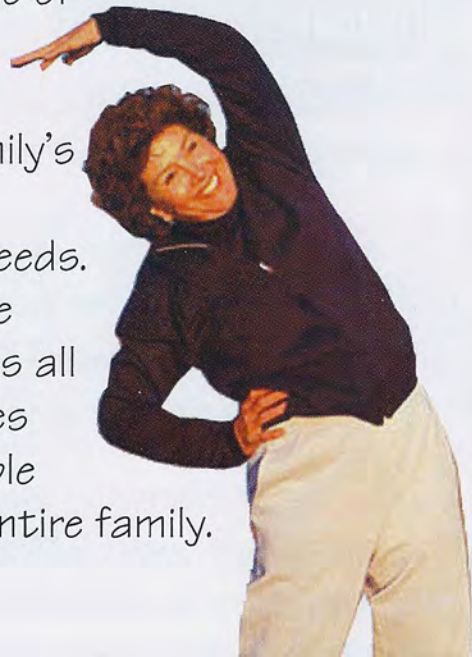


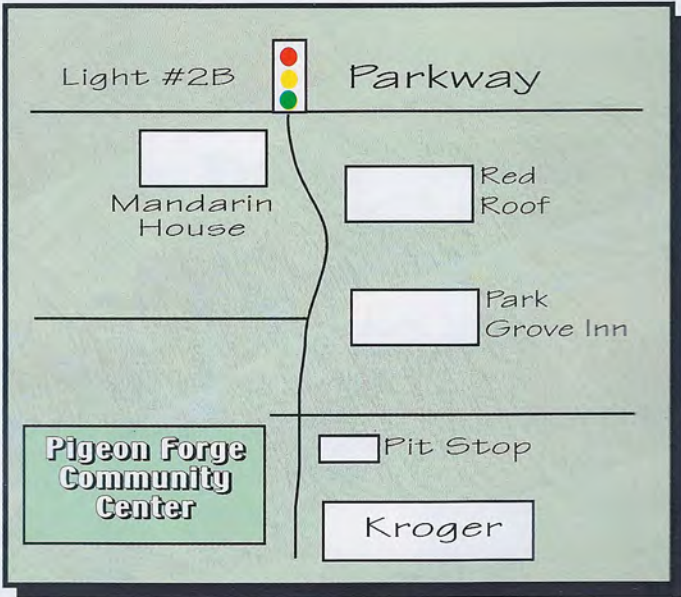
# Fun and Fitness for the Whole Family in One Great Location!

The Pigeon Forge Community Center belongs to you, our members and guests. The center is a popular meeting place for the area's fitness enthusiasts, basketball players, racquetball players,

bowlers, runners, walkers, swimmers, and those who just want to relax or socialize. The City of Pigeon Forge spared no time, expense, or energy to provide a state of the art center to meet your family's fitness and recreational needs. Best of all, the center provides all of its amenities at an affordable price for the entire family.



# A great facility in a great location.



Department of Parks & Recreation  
 170 Community Center Drive  
 Pigeon Forge, Tennessee 37863  
 Phone: (865)429-7373  
 Fax: (865)429-7374  
 Mailing Address:  
 Post Office Box 605  
 Pigeon Forge, Tennessee 37868-0605  
 YOU CAN EMAIL US AT:  
[parksrec@cityofpigeonforge.com](mailto:parksrec@cityofpigeonforge.com)

# Fun and Fitness for the Whole Family in One Great Location!



**(865) 429-7373**

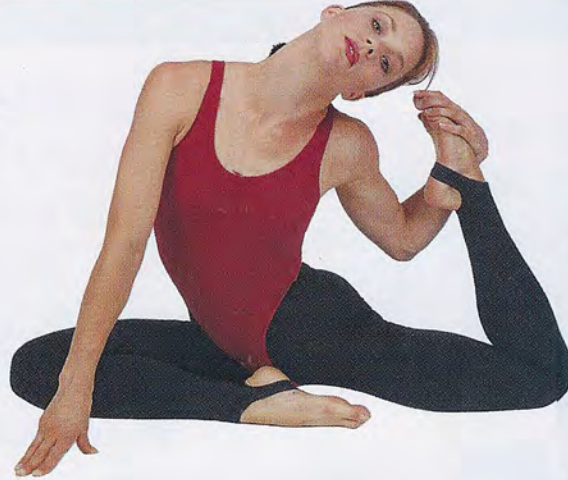
# Fun and Fitness for the Whole Family in One Great Location

## Adult Programs

We offer a full line of aerobics classes including indoor cycling, yoga, piyo, kickboxing, power pump, step, and turbo kick classes.

**MEMBERSHIP IS NOT REQUIRED TO TAKE CLASSES.**

Additional fees apply for aerobics programs.



## Karate

**RESPECT. DISCIPLINE. PERSEVERANCE.  
HUMILITY. HONESTY.**



Have you ever wanted to learn the martial arts?

Now is the perfect time for you and your child to become involved in our programs.

We have a very unique combination of both modern and traditional martial arts including Taekwondo, Judo, and Hapkido classes that are exciting and graceful.

Martial Arts training is a great investment for you and a wonderful gift for your child. Why? Because it helps both of you develop the Power of Positive Thinking.

## Seniors

J.O.Y. (Just Older Youth)

Seniors (50+)

Meets the first Friday of each month at 10:30a.m.

J.O.Y. is a special club to enjoy the fellowship of friends. All seniors are invited to join us. We have a senior steering committee consisting of a group of our active seniors who assist with developing activities for the program. Some of the events include baseball trips, canoeing trips, bingo, potluck lunches, bowling, speakers, and holiday parties.

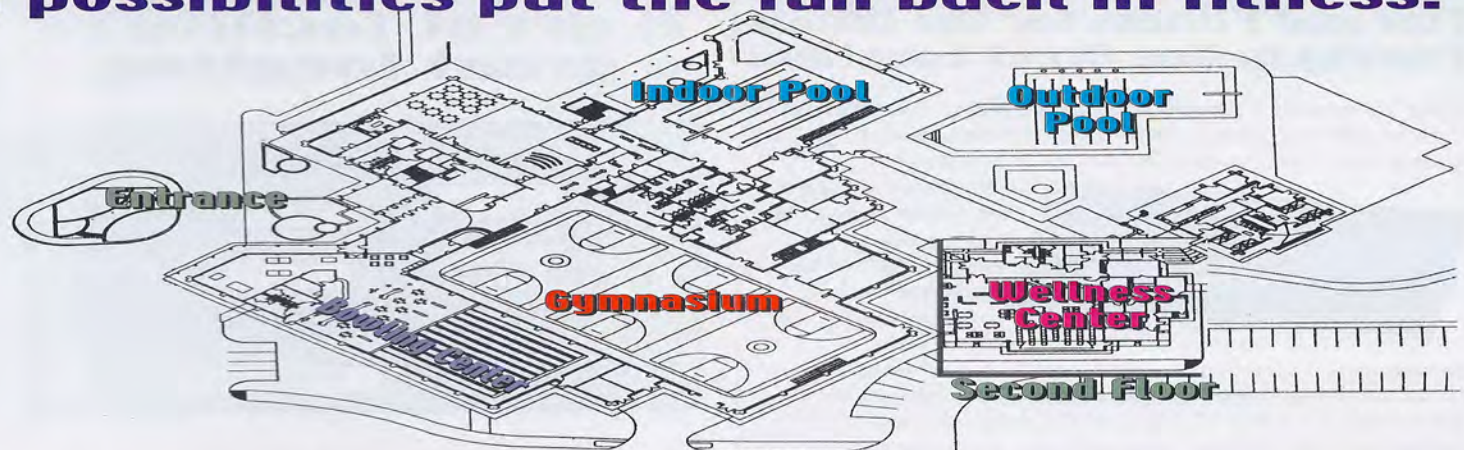


# 86,000 square feet of possibilities put the fun back in fitness!

## The Center

This 86,000 square foot facility includes 3 full basketball courts, 2 racquetball courts, a 5,000 square foot wellness center, an aerobics room, both indoor and outdoor pools, a bowling center, a childcare center, meeting rooms, and a suspended walking track.

The Pigeon Forge Community Center is proud to offer a state of the art facility operated by a caring and dedicated team of professionals.



## Aquatics

Join a water aerobics class, join a swim team, improve your stroke or diving skills, become a lifeguard, swim laps... or just learn to be comfortable and have fun in the water!

The Pigeon Forge Community Center offers the following swimming classes: Red Cross swim lessons for ages 6 months to adult, parent/tot classes, beginner through advanced classes,



group and individual lessons, lifeguard certification classes, water aerobics (shallow, deep water, and water walking).

**A LAP LANE IS ALWAYS AVAILABLE WHEN THE AQUATICS CENTER IS OPEN.**

## Bowling

Our Bowling Center offers 10 lanes with computerized scorekeeping, cosmic bowling, learn to bowl classes, birthday parties, and league bowling.

Our pro shop serves all your needs for bowling products and services. Bowling balls, bags, and shoes are just a few products available to purchase at very reasonable prices. Custom

fitting and drilling by highly professional and experienced personnel is available.

Cosmic bowling is the ultimate in lights, music, and fun for the entire family every Friday and Saturday night from 8:00 - 10:00 p.m. (come early; space is limited).



## Wellness Center by Fort Sanders

The Fort Sanders Wellness Center is a 5,000 square foot state of the art fitness and therapy center complete with free weights and machines, top of the line cardiovascular equipment, and televisions equipped with wireless Cardio Theater. Specializing in professional personal training, the



wellness center is staffed at all times with certified instructors ready to help members meet their goals. Free fitness evaluations and equipment

orientations are available by appointment, as well as free injury assessment with a physical therapist. Our highly successful weight loss program is offered on a continuing basis.

## Childcare Programs

We offer child care for children ages 2-8 while parents are using the facilities.

Our goal is to create an environment that children love. We want your children to look forward to coming to the childcare center when you come to recreate.

The highly successful "Mother's Day Out" program is offered for children ages 3-5 on Tuesdays and Thursdays. The staff promotes a positive recreational environment that enhances social skills through play. Children enjoy trips to the library for stories and visits with special guests, arts and crafts, learning projects, age appropriate games, bowling, and trips to the City Park behind the center for playground time.

## Youth Programs

We offer Karate, cheer and tumble classes, summer camp, art classes, after-school activities, and a clubs program.



We offer "Kids Night Out" on the last Friday of the month. 6-10 p.m. ages 6-12. Great activities include bowling, swimming, pizza parties and a movie. Kids Night Out offers a great time for Mom and Dad to have a "date night" while the kids are having supervised fun with friends.